#### THE YALE POSTDOCTORAL ASSOCIATION MONTHLY MEETING



Tuesday, September 13th, 2022 | 6:00 PM | Minutes

### Chairs [7 min]

- A reminder that our annual bylaws meeting is this month. Co-coordinators, please fill out the when2meet.
  - o The date of the annual bylaws board meeting will be advised.
- Please update the member lists (profile blurbs and pictures) for your committees.
- Would any committees like to work together for a monthly (weekly?) postdoc spotlight?
  - o Reach out to Nicole and Krishna if so.
- NPAW is coming up on Sept 19-23<sup>rd</sup>. Please double check that your event(s) are included on the flyer that is being distributed.
  - o NPAW is included in the flyer distributed among all the meeting participants.
- We are organizing a postdoc survey (led by Advocacy) to get a feel for what the postdoc population at Yale is looking for.

#### Secretaries [2 min]

- Introduce new secretary Ahmed Abdullah
  - o The new secretary introduced and appointed.

### Treasury [5 min]

- Budget proposals from each committee for 2023 Budget.
  - o Mariateresa presented the budget overview for 2022 and 2023.
- Advertise the vacant position for Treasury Coordinator.
  - A vacant coordinator position is announced please reach out to Mariateresa if interested.

### Community and Networking Committee [5 min]

- Recent and upcoming events:
  - o Friday, Aug 26 @ 6PM: Happy House (highest attendance yet!)
  - o Sunday, Aug 28 @ 10AM: Hike to West Rock Ridge State Park
  - o Thursday, Sept 1 @ 5:30PM: Yale Art Gallery Tour
  - o Thursday, Sept 8 @ 1PM: CANCELLED Botanical Garden Tour
  - o Saturday, Sept 10 @ 2PM: Kayaking
  - o Saturday, Sept 17 @ 8AM: Birding Walk

- o Friday, Sept 23 @ 6PM: Happy Hour
  - The venue is Science Hill Courtyard.
- o Sunday, Sept 25 @ TBD: Hiking in East Rock Park
- o Tuesday, Oct 4 @ 12PM: Yale Furniture Study Tour
  - The venue is West Campus
- o Thursday, Oct 20 @ 12PM: New Haven Museum Tour
- Events in progress for October
  - o Tentatively Friday, Oct 21: Halloween Party
  - o Date TBD: Ghost Walk
- TBD for November
  - o Peabody Museum Behind the Scenes Tour
  - o Center for British Art Tour

## **Professional Development Committee [5 min]**

- Two new members: Bianka and Jay
- Career café on Sept 27 @ 5PM on Zoom with three speakers focusing on academia.
  - o This is organized virtually because the speakers are participating from different institutes.
- Pint of Postdoc on Sept 29 @ 7PM at Gryphon's pub. Please let us know if you are interested in presenting your project in future events. Fill out the <u>sign-up form</u>.
  - o Looking for a 3<sup>rd</sup> speaker.

### **Communications Committee [3 min]**

- Platforms for communications and their timelines
  - Proposed timelines for newsletters advertisement explained by Krishna.

### Symposium Committee [3 min]

- First meeting for the 2023 Symposium occurring on Monday, 09/19
  - o New members are invited to join. Natasha and Sudheesh can be reached for any queries great opportunity to get involved in YPA.
- Total members: New members (9), previous members (7)
- Still recruiting members (the more, the merrier)

### Mentorship [5 min]

- Mentorship committee webpage updates.
  - o List of all mentorship programs explained. Members are directed to visit their webpage. Contact Aman for queries.
  - o Faculty mentors program is introduced to the members.
- Call for mentorship coordinator positions
- Advertisement for Modern Instructor program
  - o Fall Instructor Program pick a topic and give a lecture for training purposes. Coordinators are invited for the mentorship programs.

### Advocacy Committee [5 min]

- National Postdoc Appreciation Week: September 19-23
  - o Go to Yale connect to see the events schedules and other activities.
  - o Monday
    - Postdoc Resources Fair (OPA)
    - "Incorporating Interpersonal Mindfulness into Your Life" 2PM via Zoom
  - o Thursday
    - Coffee & Cookies (10AM)
      - Sign up through Yale connect there will be therapy dogs too.
    - "Eating Healthy with a Busy Schedule" 2PM via Zoom
  - o Friday
    - Self-Compassion Break Meditation Session 1:30PM via Zoom
- NPA Virtual Events: <a href="https://www.nationalpostdoc.org/page/2022NPAW#virtual">https://www.nationalpostdoc.org/page/2022NPAW#virtual</a>
- "How to Help: Tips from Mental Health First Aid" -October 6, 12:00PM

### Racial Justice Subcommittee [0 min]

### Associate Provost for Postdoctoral Affairs, Erin Heckler [5 min]

- This month's new Postdoc Orientation will be hybrid and held on Friday, September 16 at 9am via Zoom and in-person in the Beaumont Room, could a YPA representative join in-person?
  - o 10 am to 11 am event for new postdocs.
- NPAW communications are being sent out to departmental admins and ladder faculty with events and suggest to show their appreciation for postdocs. Victoria Hallinan (Program manager) has collaborated with YPA and YBPA to host and promote events during NPAW. Vice Provost Cooley will be at the coffee break on Science Hill, Deputy Dean Tony Koleske will attend the coffee break at YSM, and I'll be at the West Campus event to thank postdocs.
  - o Postdoc appreciation week tags are available.
- The postdoc office and YPA Advocacy Committee coordinators established monthly meetings. Outcomes: the Resources & benefits presentation during NPAW on Monday from a suggestion by Azmi and we are working on ways to improve communication to postdocs about support resources. This includes the attached slides that were added to the orientation presentation earlier this year.
  - o Salaries and other matters to be discussed. Postdoc feedback will be taken on orientations
- Our Assistant Director, Alyssa Pereira, had to return to family leave this month. When she returns, Alyssa and Victoria Hallinan (Program manager) will be working together to revise the orientation program and will welcome feedback from postdocs.
  - o Postdocs are welcomed to approach Erin, Nicole or Krishna.

# **Open Forum - Questions/Comments [15 min]**

• Azmi – RJS co-hosting with YPA celebrating Latin Heritage week. Members are asked to join Yale affinity group.