THE YALE POSTDOCTORAL ASSOCIATION MONTHLY MEETING

Tuesday, March 9th, 2021 | 6:00 PM |



YPA OPEN FORUM

Chairs [8 min]

Topics:

- 1. Public safety update
- 2. Event costs: equal opportunities
- 3. Random allocation of places available in events
- 4. YPA advisory board
- 5. Updates on the Executive Board Handbook

Updates:

- 1. Public safety: Co-chairs met with small group of postdocs about public safety concerns. As a result:
 - a. Survey sent out about public safety: http://cglink.me/2dA/s43863
 - i. Only two questions
 - ii. Available until Wednesday March 10, 2021
 - b. Info will be shared with Yale Admin
- 2. Cost: To allow promotion of more events, ideal to keep costs to \$10-20 per person maximum.
 - a. Not a target, so don't have to try to get to this
 - b. Should be the same for in-person events
 - c. Helps benefit as many postdocs as possible
- 3. Allocation: Avoid first-come, first-served registration, this advantages some postdocs over others.
 - a. Suggestion is open to all, and places allocated randomly from the pool of potential participants
- 4. Advisory board: The advisory board consists of former YPA Executive Board members
 - a. Please make use of this valuable resource by reaching out to them if you have questions about initiatives organized in the past
 - b. https://ypa.yale.edu/what-ypa/advisory-board
- 5. Handbook: Updating executive board handbook to ensure it reflects the most up-to-date information
 - a. If any coordinator or executive board member wants to help, please reach out to Anderson Brito or Anne Wyllie

Treasury [0 min]

1. N/A

1. N/A

Advocacy Committee [3 min]

Topics:

- 1. Mental Health First Aid training (1 min)
- 2. Speed Social (2 min)

Updates:

- 1. Mental Health First Aid
 - 1. Offering two trainings, both in April
 - 1. Both are fully booked
 - 2. One spot may be opening on the April 22nd course
 - 1. If you are interested contact Elze Porte on Slack
- 2. Speed social
 - 1. 54 people have signed up
 - 2. Consider signing up!
 - 1. http://cglink.me/2dA/r990267

Racial Justice Subcommittee [7 min]

Topics:

- 1. Location of committee
 - a) Comfortable with advocacy if displayed as "Advocacy & Diversity Committee"
 - b) Follow up questions
- 2. Structure of committee & leadership
 - a) Coordinators: Danielle Chiaramonte, Jessica Mollick, Aileen Fernandez
 - b) *Steering Committee Members*: Aakash Kumar, Brionna Reyes-Davis, Paul Stillman, Judy Kim
 - c) *Channel members*: ~70 people
- 3. Join the steering committee: Meetings are the last Friday of the month, 2-3pm.
- 4. Budget: \$500-1000
 - a) 2-3 big events: \$200/event: Run for Breonna Taylor, Invited speakers, Allyship workshops, Juneteenth event
 - b) 2-3 smaller events: \$50/event: Community Organizing, Black Owned Business Fair, Fundraiser/Awareness
 - c) Come to our march event to brainstorm more
- 5. Upcoming events
 - a) 3/12 Event: Racial Justice Subcommittee Structured Brainstorm Session. Sign up here
 - b) Newsletter signup: List to keep Yale community members up-to-date with events, opportunities to contribute, and educational resources. Sign up here.
- 6. Upcoming actions
 - a) Collaboration with AAY & BSDY on a letter to abolish YPD: link here

1. Location

- 1. Discussion as subcommittee as to where the committee would be housed
 - 1. Comfortable being under advocacy committee
 - 1. Could it be named Advocacy and Diversity on the website?
 - 2. Follow up questions
 - As part of the advocacy and diversity, would there be authority? Logo? Meeting with coordinators? Share budget?

2. Structure

- 1. Coordinators
 - 1. Danielle Chiaramonte, Jessica Mollick, Aileen Fernandez
- 2. Steering Committee Members
 - 1. Aakash Kumar, Brionna Reves-Davis, Paul Stillman, Judy Kim
- 3. Please join the steering committee meeting
 - 1. Held on the last Friday of the month from 2-3 pm
- 4. Slack channel is #blacklivesmatter
 - 1. Approximately 70 members
- 3. Budget
 - 1. 2-3 big events a year (\sim \$200/event)
 - 1. Run for Breonna Taylor
 - 2. Invited speakers
 - 3. Allyship workshops
 - 4. Juneteenth event
 - 2. 2-3 smaller events a year
 - 1. Community organizing
 - 1. Have previously discussed with New Haven Rising
 - 2. Black owned business fair
- 4. Upcoming events
 - 1. Having brainstorm session on Friday March 12, 2021 at 2pm
 - 1. Please join here: https://zoom.us/meeting/register/tJIlduuopzgrH9A igH2uqZbP 2XFoJSyRPA
- 5. Upcoming actions
 - 1. Collaborating with Abolition Alliance at Yale (AAY), Concerned and Organized Graduated Students (COGS) and Black Students for Disarmament at Yale (BSDY)
 - 1. Some members have signed a letter calling for YPD to be abolished
 - 2. Link to letter: https://docs.google.com/forms/d/1yipNl39wh-ZuSwjp3QL76u_5VtjNF3vHoiu WXIgNWCE/viewform?edit requested=true
- 6. For more information about the Racial Justice Subcommittee, sign up for the mailing list
 - 1. https://docs.google.com/forms/d/e/1FAIpQLSfqE7qUTQFUXqen0EAg-R7SUmsTQe4knFHVOvVwuWz0iO6fMg/viewform

Professional Development Committee [7 min]

- 1. March events:
 - Fundamental of scientific writing with Angelika Hofmann 03/08 update
 - Pint of Postdoc 03/25 @ 6:00 pm
- 2. April events:
 - Grant writing with Angelika Hofmann 04/28 @ 4:00 pm
 - Pint of Postdoc 03/22 @ 6:00 pm
- 3. Future event with not a date yet:
 - Adair workshop (working with OPA and OCS to get approval):
 - Networking naturally co-hosts with Community & networking committee
 - Leadership style co-host with Communication committee
 - Organization of peer-writing groups

Updates:

- 1. March events
 - 1. Fundamentals of scientific writings was a great workshop
 - 1. 80 postdocs attended
 - 2. Pint of Postdoc on 3/25
 - 3. Career Café
 - 1. Previous postdocs coming to speak about life in academia around the world and outside of academia
 - 1. Should be happening at end of March
- 2. April events
 - 1. Sending out sign ups soon for grant writing event
 - 2. Pint of Postdoc
 - 1. Considering switching the date or time to increase attendance
- 3. Future events
 - 1. Adair workshop (working with OPA and OCS to get approval)
 - 1. Focus on networking and leadership
 - 2. Peer writing groups
 - 1. Collaborating with mentorship committee

Communications [5 min]

Topics:

- 1. Website updates
- 2. List of postdocs interested to help
- 3. Attending orientation to connect with new postdocs (March 18)
- 4. Featuring events after they are held
- 5. Formal procedures for YPA to issue statements and resolutions

Updates:

- 1. Poster for diversity quotes
 - 1. Printed now and delivered March 9, 2021 to Danielle Peterson

- 2. Website
 - 1. Getting small updates here and there
 - 2. Anything about your committee you want to change, please let Roozbeh Yousefzadeh or Gita Pathak know
- 3. List of postdocs
 - 1. Reminder we have a list of postdocs who are interested in helping
 - 1. Not long, but if you need help or are looking for people to join your committees, you can use list
 - 1. Contact Roozbeh Yousefzadeh or Gita Pathak for this list
- 4. Orientation
 - 1. Roozbeh Yousefzadeh attending March 18th orientation
- 5. Featuring events
 - 1. When you hold a successful event, good idea to write something about it after the event
 - 1. Can be featured on social media
 - 2. Maybe include a picture
- 6. Creating procedures for the YPA to issue statements or resolutions
 - 1. Is there interest in this? How much time do people have to spend on such things?

Community and Networking Committee [4 min]

Topics:

- 1. Virtual tour of Yale art gallery
- 2. Talk by Dr. Randi Epstein
- 3. Science sketching workshop
- 4. New committee member

Updates:

- 1. Virtual tour of Yale Art Gallery
 - 1. Second time for the event
 - 1 First time was fun
 - 2. This is a free event
 - 1. Stop by and interact with other postdocs, gallery staff, and art
 - 3. March 25th at 7pm
- 2. Talk by Dr. Randi Epstein
 - 1. Medical writing and lecturer in English
 - 2. March 30th at 7pm
 - 1. More details to come, look for announcement
- 3. Science sketching
 - 1. Second edition of this event
 - 2. In light of cost conversation, we are moving to split the cost between participants and YPA
 - 1. More info on this later

- 4. New committee member
 - 1. Paul Stillman- has been part of art subcommittee for the last few weeks
 - 1. Postdoc in Marketing in School of Management
 - 2. Welcome Paul!

Symposium [5 min]

Topics:

- 1. Symposium June 15th and 17th advertised (please spread the word)
- 2. Registration and Abstract submission NOW OPEN (deadline April 16)
- 3. Currently working on: Keynote Speakers, Platform/layout, Judges and prizes
- 4. If anyone has ideas of is interested in helping out please let us know

Updates:

- 1. Dates have been finalized: June 15th and 17th from 1-5pm on each day
- 2. Can register here:

https://yaleconnect.yale.edu/click?linkid=9ad35d83-8aca-4dc2-9515-1b3620785f4e

- 1. Please spread the word! Submission deadline is April 16
- 2. Currently we have 23 registered
 - 1. Registration only opened a week ago
- 3. Any ideas about keynote speakers?
 - 1. Reach out to Anna York or Nicole Lake
- 4. If you are interested in helping, contact Anna York and Nicole Lake
 - 1. Also, thank you to Roozbeh Yousefzadeh for all your work on the website!

Open Forum - Questions/Comments [10 min]

Discussion:

- 1. Racial justice subcommittee
 - 1. Change Advocacy committee to Advocacy and Diversity is something to consider
 - 1. Promoting diversity is part of the committee's mission
 - 2. In order for the change to be made, the executive board will have to discuss and vote
 - 1. Can occur during bylaws meetings
 - Held in August or September
 - 2. An emergency bylaws meeting may also be called to do this
- 2. Pint of Postdoc
 - 1. Considered opening to graduate students?
 - 1. It is open to them
 - 1. Previously recommended by Anderson or Roozbeh
 - 2. Really pushed through social media last month
 - 3. Maybe send email through Yale connect to increase attendance
 - 4. Have you contacted the graduate student assembly (GSA)?

- 1. Yes. Roozbeh did
 - 1. Sent info and registration link about a week before last event
- 5. Open to everyone at Yale to register and attend
- 3. Procedures for issuing YPA statements
 - 1. Potential statements: racial justice, issues that we need some publicity to get attention of people to get involved and pay attention to the problem
 - 2. Any member can submit their suggestion, goes through process (people debate it), could be quite different than initial submission, but people have thought about it and contributed and overall a statement is issued
- 4. Mental health training course
 - 1. Course content: different mental health conditions and how to help someone going through mental health issues
 - 2. 2-hour pre-recorded training and then a 6-hour live session
 - 3. Certified as a mental health first aider
 - 1. Official training
 - 2. All materials are all from mental health first aid
 - 4. Limited to 15 people per session
 - 5. Presenter is from being Well at Yale
 - 1. Helps reduce cost
- 5. Science sketching workshop
 - 1. Small audience able to participate
 - 2. Extending audience by having other people watching?
 - 1. Previous event was 10 people
 - 2. Upcoming event was 18 people
 - 3. Do not know if auditing is ok with the people giving the lessons
 - 1. Can ask them about this as an option to increase postdoc involvement
- 6. Speed social
 - 1. Topics for discussion
 - 1. Favorite movies and tv shows
 - 2. Favorite food or cooking
 - 3. If you could have a dinner party, who would you invite?
 - 4. Most interesting place you have traveled
 - 5. How would you explain your research to a non-scientist?
 - 2. Good way to break the ice and meet new people
 - 3. Quick practice of zoom breakout rooms
 - 1. Success!
 - 4. Some people to help "moderate" will be good
 - 1. Can help start conversations in rooms with people who are more shy
 - 5. Please attend!
- 7. YBPA is hosting a wellness challenge starting next week
 - 1. Free virtual workouts by local trainers, recipes, and weekly mini challenges
 - 2. Participants are encouraged to donate \$10 to a pool that will be given to one "winner" at the end of challenge
 - 1. Winning based on engagement through the 8 weeks
 - 3. Register here: https://yalesurvey.ca1.qualtrics.com/jfe/form/SV bgbiP1sjzure90y